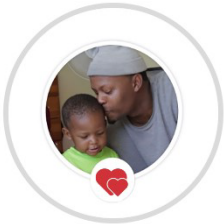


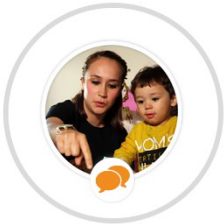
THE BASICS BINGO CHALLENGE

What are the Basics?

The Basics are five fun, simple, and powerful ways that every family can give every child a great start in life.



1. Maximize Love, Manage Stress



2. Talk, Sing, and Point



3. Count, Group, and Compare



4. Explore through Movement and Play



5. Read and Discuss Stories

How do I get started?

1. Practice a tip on the Basics Bingo card with your child.

2. Checkmark the spot as complete.

3. Once you've completed 5 in a row, return to your library to receive an icon to add to your Basics Bag. You can do this a maximum of 5 times.

4. If you want to blackout your card (meaning, you complete all 25 Basics on the board), return your completed Basics Bingo card to your library to receive a free t-shirt for your child.*

5. Do a happy dance and post it on social media #DoBasics!

*limit one t-shirt per child per year



The Basics BINGO

 Visit the library	 Cuddle often	 Compare sizes	 Talk during activities	 Explore the outdoors
 Name objects + colors	 Play with blocks	 Ask questions	 Daily routines	 Count fingers + toes
 Find 3 similar shapes	 Point + describe pictures	 Hide-and-seek with toys	 Read + talk about a story	 Use a calm voice
 Practice deep breaths	 Count everyday items	 Describe daily tasks	 Play with a ball	 Point to pictures
 Play peek-a-boo	 Share bedtime stories	 Practice self care	 Count during play	 Sing lullabies + songs

Science shows that 80% of brain growth happens by the age of three! The Basics Principles are five fun, simple, and powerful ways to help all our children aged 0-3 grow to be happy and smart.

Name: _____

Age: _____ T-shirt Size: _____



to participate with
 **beanstack**