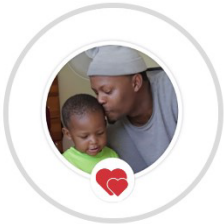


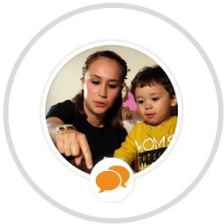
THE BASICS BINGO CHALLENGE

What are the Basics?

The Basics are five fun, simple, and powerful ways that every family can give every child a great start in life.



1. Maximize Love,
Manage Stress



2. Talk, Sing, and Point



3. Count, Group, and
Compare



4. Explore through
Movement and Play



5. Read and Discuss
Stories

How do I get started?

1. Practice a tip on the Basics Bingo card with your child.
2. Checkmark the spot as complete.
3. Once you've completed 5 in a row, return to your library to receive a Basics tote.
4. If you want a free Basics shirt,* complete the remaining challenges on the card and return your completed Basics Bingo card to the library.
5. Do a happy dance and post it on social media #DoBasics!



*limit one t-shirt per child per year

The Basics BINGO

 Cuddle your child	 Read a book together	 Count your child's toes	 Play Peek-a-Boo	 Go on a color walk
 Sing a lullaby	 Point to shapes	 Stack blocks	 Rock your child to a song	 Explore different colored objects
 Comfort your child	 Explore textures	 Sing a song with actions	 Make funny noises	 Name things during bathtime
 Clap a pattern	 Ask a "Why" question	 Follow their interests	 Snuggle during storytime	 Show pictures in a book
 Name animals and their sounds	 Count while cooking	 Encourage a choice	 Describe everyday objects	 Dance to music

Science shows that 80% of brain growth happens by the age of three! The Basics Principles are five fun, simple, and powerful ways to help all our children aged 0-3 grow to be happy and smart.

Name: _____

Age: _____ T-shirt Size: _____



to participate with
 **beanstack**

